

SMART Reading

	I do this	I sometimes do this	I never do this
I read regularly to increase my vocabulary, understanding & speed			
Before reading I consider questions I want to answer or information I gathering			
I make sure I have the right equipment e.g. highlighter pens, pen & paper			
I use the index in a book to look up specific information			
I use headings & subheadings to help me find information quickly			
I read the first sentence of each paragraph to quickly identify focus points			
I look at diagrams & charts			
I read summaries & conclusions before the rest of the chapter			
I focus on reading & don't get distracted			
I ask questions as I am reading & look for answers to these questions			
I challenge assumptions & arguments in the reading			
I read a difficult passage quickly to get a sense of it & then reread it more slowly			
I can scan a page for specific information by looking for keywords			
I speed up my reading by seeing only 2 or 3 words on a line			
I keep my eyes moving forward in a sentence			
As I read I move my finger down the page from top to bottom to train my eye to move more quickly over text			
I use coloured plastic over pages if this makes reading easier for me			
I take regular breaks when reading a lot of information especially if it is difficult			
I read interactively e.g. by reading aloud, recording myself & playing it back, reading aloud with others			